

2012 COLORADO TRACK AND FIELD



Colorado's NCAA Outdoor Track & Field Champions

Jenny Barringer
3,000 Meter Steeplechase, 2006
3,000 Meter Steeplechase, 2008
3,000 Meter Steeplechase, 2009

Warren Bateman
Pole Vault, 1948

David Bolen
440-Yard Dash, 1947

Emma Coburn
3,000 Meter Steeplechase, 2011

Gil Cruter
High Jump, 1937, 1938

Alan Culpepper
5,000 Meter Run, 1996

Kara Grgas-Wheeler
3,000 Meter Run, 2000
5,000 Meter Run, 2000

Adam Goucher
5,000 Meter Run, 1998

Don Meyers
Long Jump, 1961
Pole Vault, 1962

Chuck Rogers
Pole Vault, 1966

Sara (Gorton) Slattery
10,000 Meter Run, 2005

Ted Woods
440-Yard Dash, 1960

MAY 24-26

NCAA WEST PRELIMINARY OUTDOOR TRACK & FIELD CHAMPIONSHIPS MIKE A. MYERS STADIUM, AUSTIN, TEXAS

Let's Review...The Buffs are set to compete at the NCAA West Preliminary Outdoor Track & Field Championships at Mike A. Myers Track & Field Stadium, May 24-26.

Results...Results can be found on Texas's website, texasports.com, or the NCAA website, ncaasports.com, under the track and field section.



A New Era...The Buffs performed well at the inaugural Pac-12 Championships May 5-13. The women placed seventh and the men were ninth.

Conference Titles...A pair of Buffs won Pac-12 individual titles last weekend. Shalaya Kipp became the first CU athlete to win an individual title as she won the 3,000-meter steeplechase crown. The following day Jessica Tebo won the 5,000-meter run title.

Pac-12 Multis...The Buffs had a great start to the inaugural Pac-12 Championships as the combined events had a strong start to the meet. Genny Mayden and Brianne Beemer took third and fourth in the heptathlon and Adam Salzmann was third in the decathlon.

Mayden scored 5,362 points to become the fourth best CU performer in the event while Beemer's total of 5,339 made her the fifth performer in the heptathlon. Beemer also set the fastest time for the 800 in the heptathlon after running 2:09.24.

Salzmann was not outdone by his female teammates as he became the third best performer in the decathlon with 7,214 points. The score is fifth in school history. He also set the decathlon 1,500 record by finishing in 4:22.22.

Making A Name For Herself...Shalaya Kipp is coming out of the shadow of her teammates in the steeplechase, as she ran the collegiate leading time of 9:43.09 on April 30 at the Payton Jordan Cardinal Invitational. Kipp was third at the 2011 NCAA Outdoor Championships and was fifth in 2010 as a freshman.

On Top Of The NCAA...Jessica Tebo, formerly Pixler, ran the collegiate leading 5,000-meter run time of 15:19.43 at the Payton Jordan Cardinal Invitational on April 29. The time is the third fastest ever in CU history.

Jump, Jump...Brittany Lewis the fourth best performer in CU long jump history with a mark of 19-07 at the Long Beach Invite on April 21. It was the best jump by a Buff since 2004 when Amberly Casey jumped 19-08.75 in 2004.

Freshman Phenom...Eileen Gehring broke an 18-year-old school record in the 400-meter dash when she clocked a time of 54.21 at Mt. SAC Relays on April 20. In doing so she surpassed Tamara Ards' time of 54.22. Gehring has also moved into the 200-meter record book and ranks sixth on the CU performers list.

Follow The Buffs...If you are a fan of the Buffs, make sure to follow them on Facebook and Twitter. (facebook.com/cutrackandcrosscountry and [@cubuffs](https://twitter.com/cubuffs))

CUBuffs.com

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For more information or to set up interviews with members of the CU Track & Field Team, please contact Linda Poncin Sprouse, CU Assistant Sports Information Director at (303) 492-5626 or linda.poncin@colorado.edu.

2012 NCAA Division I Men's and Women's Track and Field											
West Preliminary Championship Competition - Austin, University of Texas at Austin											
THURSDAY - May 24				FRIDAY - May 25				SATURDAY - May 26			
TRACK EVENTS											
Event	Time	Division	Round	Event	Time	Division	Round	Event	Time	Division	Round
400 Hurdles	4:30 PM	Men	First Round	110 Hurdles	5:00 PM	Men	First Round	4x100 Relay	6:00 PM	Men	Quarterfinal
400 Hurdles	5:00 PM	Women	First Round	100 Hurdles	5:30 PM	Women	First Round	4x100 Relay	6:15 PM	Women	Quarterfinal
1500 Meters	5:30 PM	Men	First Round	400 Meters	6:00 PM	Men	Quarterfinal	1500 Meters	6:30 PM	Men	Quarterfinal
1500 Meters	6:00 PM	Women	First Round	400 Meters	6:15 PM	Women	Quarterfinal	1500 Meters	6:45 PM	Women	Quarterfinal
100 Meters	6:30 PM	Men	First Round	100 Meters	6:30 PM	Men	Quarterfinal	110 Hurdles	7:05 PM	Men	Quarterfinal
100 Meters	6:55 PM	Women	First Round	100 Meters	6:45 PM	Women	Quarterfinal	100 Hurdles	7:20 PM	Women	Quarterfinal
400 Meters	7:20 PM	Men	First Round	800 Meters	7:00 PM	Men	Quarterfinal	200 Meters	7:35 PM	Men	Quarterfinal
400 Meters	7:45 PM	Women	First Round	800 Meters	7:15 PM	Women	Quarterfinal	200 Meters	7:50 PM	Women	Quarterfinal
800 Meters	8:10 PM	Men	First Round	400 Hurdles	7:30 PM	Men	Quarterfinal	5000 Meters	8:05 PM	Men	Semifinal
800 Meters	8:35 PM	Women	First Round	400 Hurdles	7:45 PM	Women	Quarterfinal	5000 Meters	8:45 PM	Women	Semifinal
10,000 Meters	9:00 PM	Men	Semifinal	200 Meters	8:00 PM	Men	First Round	4x400 Relay	9:25 PM	Men	Quarterfinal
10,000 Meters	9:40 PM	Women	Semifinal	200 Meters	8:25 PM	Women	First Round	4x400 Relay	9:45 PM	Women	Quarterfinal
				3000 Steeplechase	8:50 PM	Men	Quarterfinal				
				3000 Steeplechase	9:30 PM	Women	Quarterfinal				
FIELD EVENTS											
Event	Time	Division	Round	Event	Time	Division	Round	Event	Time	Division	Round
Javelin	11:00 AM	Men	First Round	Discus	11:00 AM	Women	First Round	Discus	11:00 AM	Men	First Round
Long Jump	1:00 PM	Men	First Round	Pole Vault	1:00 PM	Women	First Round	Pole Vault	1:00 PM	Men	First Round
Shot Put	1:00 PM	Women	First Round	Hammer	2:00 PM	Men	First Round	Hammer	2:00 PM	Women	First Round
Javelin	4:30 PM	Women	First Round	High Jump	5:00 PM	Women	First Round	High Jump	5:00 PM	Men	First Round
Long Jump	5:30 PM	Women	First Round	Triple Jump	6:00 PM	Men	First Round	Triple Jump	6:30 PM	Women	First Round
Shot Put	5:30 PM	Men	First Round								

Who's competing?

Women's Track Events

Name	Event	Time
Brianne Beemer	400-Hurdles	59.09
Courtney Bouchet	Steeple	10:30.06
Katie Cumming	1,500	4:25.61
Eileen Gerhing	400	54.21
Camille Logan	1,500	4:21.55
Shalala Kipp	Steeple	9:43.09
Liz Tremblay	800	2:07.94
Jana Stolting	10,000	34:03.16
Jessica Tebo	5,000	15:19.43
Rachel Viger	10,000	35:06.26
	4x400-relay	3:40.30

Women's Field Events

Name	Event	Mark
Kelsey English	High Jump	5-10/1.78
Alyssa Frank	High Jump	5-08.50/1.74
Brittany Lewis	Long Jump	19-07.00/5.97

Men's Track Events

Name	Event	Time
Matt Biegner	1,500	3:46.45
Hugh Dowdy	Steeple	8:56.19
Kyle MacIntosh	400-Hurdles	52.20
Martin Medina	10,000	29:21.57
Joe Morris	100	10.40
	200	20.77
Adam Salzmann	400-Hurdles	52.08
Blake Theroux	1,500	3:45.33
Christian Thompson	10,000	29:13.59
Aric Van Halen	Steeple	8:42.79
Andy Wacker	10,000	29:19.95
	4x400-relay	33:09.64

Men's Field Events

Name	Event	Mark
Mark Jones	High Jump	6-11/2.11
Alex Kizirian	Hammer	196-11/60.03

2012 CU T&F Honor Roll



CU Female Athlete of the Year

Shalaya Kipp (Cross Country)

CU Athlete of the Week (Outdoor)

Shalaya Kipp (5/1)
 Aric Van Halen (4/24)
 Bridget Sweeney (4/17)
 Eileen Gehring (4/10, 4/24)
 Joe Morris (4/10, 5/1)

CU Athlete of the Week (Indoor)

Joe Morris (March 6)

SAAC Distinguished Service Award

Cameron Clayton
 Stephen Kasica
 Kirsten Wicks
 Andy Wacker
 Christian Thompson
 Eddie Taylor

Buffalo Award of Distinction

Adam Salzmann

Spencer Nelson Buffalo Spirit Award

Katie Dreher

Clancy A. Herbst, Jr., Student-Athlete Achievement Award

Katie Dreher

Scholar-Athlete Award

Nikki Look
 Rachel Viger

Tom Hansen Pac-12 Conference Medal

Andy Wacker

2011 4.0's

Nikki Look, Rachel Viger,
 Jessica (Pixler) Tebo

Buffalo Leadership & Initiative Award

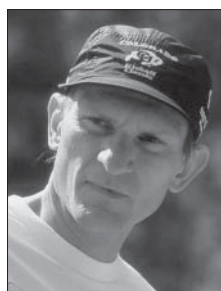
Shalaya Kipp
 Nikki Look

2012 MPSF ALL-ACADEMIC TEAM (INDOOR)

Men

Name	GPA	Class	Hometown
Jerome Perkins	3.80	Jr.	Franklin Lakes, N.J.
Steve Kasica	3.71	Sr.	Grand Junction, Colo.
Matthew Biegner	3.55	Jr.	Broomfield, Colo.
Ryan Savercool	3.26	So.	Chester, N.J.
Jake Timmons	3.09	Sr.	Franktown, Colo.
Cameron Hutchins	3.07	Jr.	Centennial, Colo.
Blake Theroux	3.02	RFr.	Chesapeake, Va.

Name	GPA	Class	Hometown
Nikki Look*	4.00	So.	Castle Rock, Colo.
Rachel Viger*	4.00	So.	Fort Collins, Colo.
Diana George	3.87	So.	Livermore, Calif.
Lara Darco	3.82	Sr.	Walpack, N.J.
Alyssa Frank	3.70	Jr.	Union, Ky.
Holly Odneal	3.59	Jr.	Palisade, Calif.
Courtney Bouchet	3.35	So.	Estes Park, Colo.
Liz Tremblay	3.32	Jr.	Loveland, Colo.
Kirsten Wicks	3.25	Sr.	Wheaton, Ill.
Brianne Beemer	3.21	Jr.	Loveland, Colo.
Katie Dreher	3.13	Sr.	Salida, Colo.
Emily Hunsucker	3.10	Jr.	Arvada, Colo.



The Man...The Myth..The Reality...is

that Mark Wetmore is a proven success in collegiate track & field coaching when it comes to his distance runners. Wetmore has guided 10 athletes to 17 NCAA titles, including Olympians Adam Goucher (cross 1998, indoor 3k in 1997 and 1998, outdoor 5k in 1998) and Alan Culpepper (outdoor in 1996), Kara Grgas-Wheeler (2000 outdoor 3k, 5k and NCAA cross), Jodie Hughes (indoor 5k 2001), Sara (Gorton) Slattery (indoor 5k 2005, outdoor 10k 2005), Renee

Metivier (indoor 3k 2005) and Jorge Torres in men's cross country in 2002, followed by Dathan Ritzenhein in 2003. Jenny Barringer, who won the 3,000-meter steeplechase and became CU's first true freshman to win an individual national championship. She also won as a junior and senior. Emma Coburn became Wetmore's 10th athlete to win an NCAA title, doing so in 2011 in the steeplechase.

Wetmore Coached Olympians

Name	Year	Event(s)
Jenny Barringer	2008	Steeplechase
Alan Culpepper	2000, 04	10,000/marathon
Adam Goucher	2000	5,000
Kara Goucher	2008	5,000/10,000
Billy Nelson	2008	Steeplechase
Dathan Ritzenhein	2004, 08	10,000/marathon
Jorge Torres	2008	10,000
Shayne Wille	2000, 04	1,500/5,000

2012 MEN'S OUTDOOR PERFORMANCE LIST

does not reflect altitude conversions

SEASON RESULTS

M 16-17	POTTS INVITATIONAL (Boulder).....	NTS
M 29-30	at Jim Click Shootout (Tucson, Ariz.)	NTS
M 31	at Fum McGraw Quadrangular (Fort Collins, Colo.).....	3rd/4
A 7	at Air Force Relays (USAFA, Colo.)	NTS
A 6-7	at Stanford Invitational (Stanford, Calif.)	NTS
A 13-14	COLORADO INVITATIONAL (Boulder)	NTS
A 19-21	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 26-27	at Glenn Morris Combined Events (Fort Collins, Colo.)	NTS
A 27-28	at Jack Christiansen Invitational (Fort Collins, Colo.).....	4th/10
A 29	at Payton Jordan Cardinal Invitationa (Stanford, Calif.)	NTS
M 4	at Front Range Classic (USAFA, Colo.)	NTS
M 5-13	at Pac-12 Championships (Eugene, Ore.)	9th/11
M 25-26	at NCAA West Preliminaries (Austin, Texas)	
J 6-9	at NCAA Championships (Des Moines, Iowa)	
J 22 - J 1	at USATF Olympic Trials (Eugene, Ore.)	

52.60	p	Kyle MacIntosh.....	Pac-12 Championships (5/12-13)
52.63		Kyle MacIntosh.....	Colorado Invitational (4/14)

3,000 M Steeplechase (8:26.45 cu)

8:42.79	Aric Van Halen.....	Mt. SAC Relays (4/19)
8:50.09	Aric Van Halen.....	Pac-12 Championships (5/12-13)
8:56.19	Hugh Dowdy.....	Pac-12 Championships (5/12-13)
8:57.62	Hugh Dowdy.....	Mt. SAC Relays (4/19)
9:06.76	Blake Theroux.....	APU Bryan Clay Invite (4/20)
9:06.86	Jonny Stevens.....	Mt. SAC Relays (4/19)
9:12.59	Blake Theroux.....	Pac-12 Championships (5/12-13)
9:17.10	Cameron Clayton.....	APU Bryan Clay Invite (4/20)

4x100 Meter Relay (39.47 cu)

4x400 Meter Relay (3:05.16 cu)

3:09.64	Reimer/Morris/Salzmann/MacIntosh.....	Pac-12 Championships (5/12-13)
3:10.34	Baker/MacIntosh/Morris/Reimer.....	Mt. SAC Relays (4/20)
3:18.12	Baker/MacIntosh/Berens/Reimer.....	Potts Invite (3/17)
3:42.47	NOT LISTED.....	Colorado Invitational (4/14)

Long Jump (26-01.75 cu)

21-00.50/6.41	Adam Salzmann.....	Beach Invite (4/21)
20-07.00/6.27 dec	Adam Salzmann.....	Jim Click Shootout (3/29)
20-04.50/6.21 dec	Jason DeWitt.....	Jim Click Shootout (3/29)
19-01.25/5.82 dec	Eddie Taylor.....	Jim Click Shootout (3/29)

Triple Jump (53-06.50 cu)

High Jump (7-04.00 cu)

6-11.00/2.11	Mark Jones.....	Jack Christiansen Invite (4/29)
6-11.00/2.11	Mark Jones.....	Colorado Invitational (4/14)
6-09.00/2.06	Mark Jones.....	Pac-12 Championships (5/12-13)
6-09.00/2.06	Mark Jones.....	Beach Invite (4/21)
6-09.00/2.06	Mark Jones.....	Mt. SAC Relays (4/20)
6-09.00/2.06	Mark Jones.....	Potts Invite (3/17)
6-09.00/2.06	Mark Jones.....	Fum McGraw Quadrangular (3/31)
6-08.00/2.03 dec	Jason DeWitt.....	Pac-12 Championships (5/5)

Shot Put (60-11.50 cu)

21-09.25/15.47	Alex Kizirian.....	Air Force Relays (4/7)
50-00.50/15.25	Alex Kizirian.....	Fum McGraw Quadrangular (3/31)
49-07.75/15.13	Alex Kizirian.....	Jack Christiansen Invite (4/29)
48-10.00/14.88	Alex Kizirian.....	Beach Invite (4/21)
48-03.25/14.71	Alex Kizirian.....	Colorado Invitational (4/14)
46-10.25/14.28	Brady Rutt.....	Fum McGraw Quadrangular (3/31)
46-09.00/14.25	Brady Rutt.....	Potts Invite (3/17)
40-06.00/12.34dec	Adam Salzmann.....	Jim Click Shootout (3/29)

Hammer Throw (210-11 cu)

196-11/60.03	Alex Kizirian.....	Air Force Relays (4/7)
191-03/58.03	Alex Kizirian.....	Pac-12 Championships (5/12-13)
189-03/57.68	Alex Kizirian.....	Potts Invite (3/17)
187-08/52.20	Alex Kizirian.....	Beach Invite (4/21)
187-02/57.04	Alex Kizirian.....	Colorado Invitational (4/14)
176-07/53.83	Cameron Hutchins.....	Jack Christiansen Invite (4/29)
172-05/52.56	Cameron Hutchins.....	Fum McGraw Quadrangular (3/31)
169-10/51.78	Cameron Hutchins.....	Beach Invite (4/21)
169-10/51.77	Cameron Hutchins.....	Colorado Invitational (4/14)

Discus Throw (209-7 cu)

168-04/51.31	Brady Rutt.....	Pac-12 Championships (5/12-13)
168-00/51.20	Brady Rutt.....	Jack Christiansen Invite (4/29)
167-11/51.18	Brady Rutt.....	Colorado Invitational (4/14)
167-01/50.93	Brady Rutt.....	Fum McGraw Quadrangular (3/31)
162-11/49.66	Brady Rutt.....	Beach Invite (4/21)
162-02/49.43	Brady Rutt.....	Air Force Relays (4/7)
159-02/48.52	Alex Kizirian.....	Colorado Invitational (4/14)
157-00/47.85	Alex Kizirian.....	Jack Christiansen Invite (4/29)
157-00/47.85	Brady Rutt.....	Potts Invite (3/17)

Javelin (241-4.5 cu)

161-03/49.14	Jason DeWitt.....	Colorado Invitational (4/14)
159-04/48.58	Adam Salzmann.....	Colorado Invitational (4/14)
152-05/46.46	Jason DeWitt.....	Potts Invite (3/17)
150-02/45.77 dec	Adam Salzmann.....	Pac-12 Championships (5/6)
148-02/45.16 dec	Jason DeWitt.....	Jim Click Shootout (3/30)
146-06/44.65 dec	Jason DeWitt.....	Pac-12 Championships (5/5-6)
144-04/44.00	Adam Salzmann.....	Potts Invite (3/17)
140-01/42.70	Cameron Hutchins.....	Colorado Invitational (4/14)

Pole Vault (17-06.50 cu)

15-05.00/4.70 dec	Adam Salzmann.....	Pac-12 Championships (5/6)
14-09.50/4.51	Adam Salzmann.....	Jack Christiansen Invite (4/29)
14-09.00/4.50 dec	Eddie Taylor.....	Pac-12 Championships (5/6)
14-05.25/4.40 dec	Jason DeWitt.....	Jim Click Shootout (3/30)
13-09.75/4.21	Eddie Taylor.....	Jack Christiansen Invite (4/29)
13-09.75/4.21	Jason DeWitt.....	Jack Christiansen Invite (4/29)
13-09.25/4.20 dec	Jason DeWitt.....	Pac-12 Championships (5/6)
13-05.25/4.10 dec	Eddie Taylor.....	Jim Click Shootout (3/30)

Decathlon (7,500 auto/6,900 provisional; 7,645 cu)

7,214	Adam Salzmann.....	Pac-12 Championships (5/5-6)
6,671	Jason DeWitt.....	Jim Click Shootout (3/29-30)
6,588	Jason DeWitt.....	Pac-12 Championships (5/5-6)
6,407	Eddie Taylor.....	Pac-12 Championships (5/5-6)
6,200	Eddie Taylor.....	Jim Click Shootout (3/29-30)

Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
dec	mark earned during decathlon competition
*	not an NCAA event

100 Meters (10.0 cu)

10.40	p	Joe Morris.....	Pac-12 Championships (5/12-13)
10.42		Joe Morris.....	Sun Angel Classic (4/7)
10.42		Joe Morris.....	Colorado Invitational (4/14)
10.47		Joe Morris.....	Pac-12 Championships (5/12-13)
11.09		Adam Salzmann.....	Colorado Invitational (4/14)
11.13	dec	Adam Salzmann.....	Pac-12 Championships (5/5)
11.18	dec	Adam Salzmann.....	Jim Click Shootout (3/29)
11.26		Adam Salzmann.....	Jack Christiansen Invite (4/29)

200 Meters (20.37 cu)

20.77		Joe Morris.....	Jack Christiansen Invite (4/29)
20.77		Joe Morris.....	Beach Invite (4/21)
20.91		Joe Morris.....	Mt. SAC Relays (4/20)
20.92		Joe Morris.....	Pac-12 Championships (5/12-13)
20.94	p	Joe Morris.....	Pac-12 Championships (5/12-13)
20.97		Joe Morris.....	Colorado Invitational (4/14)
21.26		Joe Morris.....	Sun Angel Classic (4/7)
21.62		Blake Berens.....	Jack Christiansen Invite (4/29)

400 Meters (45.54 cu)

47.17		Joe Morris.....	Jack Christiansen Invite (4/29)
48.40		Blake Reimer.....	Beach Invite (4/21)
48.49		Blake Reimer.....	Mt. SAC Relays (4/20)
48.52		Blake Reimer.....	Jack Christiansen Invite (4/29)
48.54	p	Blake Reimer.....	Pac-12 Championships (5/12-13)
48.57	dec	Adam Salzmann.....	Jim Click Shootout (3/29)
48.59	dec	Adam Salzmann.....	Pac-12 Championships (5/5)
48.61		Blake Berens.....	Jack Christiansen Invite (4/29)

800 Meter Run (1:47.52 cu)

1:50.60		Matthew Biegner.....	Mt. SAC Relays (4/20)
1:53.43		Steve Kasica.....	Mt. SAC Relays (4/20)
1:55.35		Steve Kasica.....	Fum McGraw Quadrangular (3/31)
1:58.25		Steve Kasica.....	Jack Christiansen Invite (4/29)
1:58.89		Garrett Carmichael.....	Colorado Invitational (4/14)
1:58.99		Hugh Dowdy.....	Fum McGraw Quadrangular (3/31)

1,500 Meter Run (3:39.77 cu)

3:45.33		Blake Theroux.....	Payton Jordan Cardinal Invite (4/29)
3:46.45		Matthew Biegner.....	Stanford Invitational (4/6)
3:47.59	p	Matthew Biegner.....	Pac-12 Championships (5/12-13)
3:47.89		Hugh Dowdy.....	Payton Jordan Cardinal Invite (4/29)
3:48.31		Matthew Biegner.....	Payton Jordan Cardinal Invite (4/29)
3:48.40		Andy Wacker.....	Mt. SAC Relays (4/19)
3:48.74		Aric Van Halen.....	Payton Jordan Cardinal Invite (4/29)
3:49.64		Matthew Biegner.....	Pac-12 Championships (5/12-13)

3,000 Meters* (7:50.39 cu)

8:46.24		Dillon Shije.....	Potts Invite (3/17)
8:50.97		Garrett Ward.....	Potts Invite (3/17)
8:58.80		Ryan Savercool.....	Colorado Invitational (4/14)

5,000 Meters (13:18.46 cu)

13:59.23		Christian Thompson.....	Payton Jordan Cardinal Invite (4/29)
14:01.91		Aric Van Halen.....	Stanford Invitational (4/6)
14:14.51		Martin Medina.....	Mt. SAC Relays (4/20)
14:16.48		Andy Wacker.....	Pac-12 Championships (5/12-13)
14:30.91		Aric Van Halen.....	Pac-12 Championships (5/12-13)
14:41.77		Dillon Shije.....	APU Bryan Clay Invite (4/20)
14:55.21		Blake Theroux.....	Pac-12 Championships (5/12-13)
15:02.23		Jerome Perkins.....	APU Bryan Clay Invite (4/20)

10,000 Meters (27:38.50 cu)

29:13.59		Christian Thompson.....	Stanford Invitational (4/6)
29:19.95		Andy Wacker.....	Stanford Invitational (4/6)
29:21.57		Martin Medina.....	Stanford Invitational (4/6)
29:46.76		Christian Thompson.....	Pac-12 Championships (5/12-13)
30:12.72		Martin Medina.....	Pac-12 Championships (5/12-13)
31:59.64		Ryan Savercool.....	Mt. SAC Relays (4/19)

110 Meter Hurdles (13.3 cu)

14.79	p	Adam Salzmann.....	Pac-12 Championships (5/12-13)
14.82	dec	Adam Salzmann.....	Pac-12 Championships (5/5)
14.97		Adam Salzmann.....	Potts Invite (3/17)
15.48	dec	Jason DeWitt.....	Pac-12 Championships (5/5)
15.52	dec	Jason DeWitt.....	Jim Click Shootout (3/30)
15.96	dec	Adam Salzmann.....	Jim Click Shootout (3/30)
16.37	dec	Eddie Taylor.....	Jim Click Shootout (3/30)

400 Meter Hurdles (49.66 cu)

52.08	p	Adam Salzmann.....	Pac-12 Championships (5/12-13)
52.20		Kyle MacIntosh.....	Mt. SAC Relays (4/20)
52.34		Kyle MacIntosh.....	Jack Christiansen Invite (4/29)
52.38		Kyle MacIntosh.....	Pac-12 Championships (5/12-13)
52.43		Kyle MacIntosh.....	CSU Pueblo Open (3/24)
52.48		Adam Salzmann.....	Pac-12 Championships (5/12-13)

2012 MEN'S OUTDOOR PERFORMANCE LIST

TYLER BAKER

400 Meter Hurdles (52.76 pr)

52.76	p	Pac-12 Championships (5/12-13)	8th
52.79		Jack Christiansen Invite (4/28)	2nd
53.36		Potts Invite (3/17)	2nd
53.50		Colorado Invitational (4/14)	2nd
53.59		Pac-12 Championships (5/12-13)	8th
53.65		CSU Pueblo Open (3/24)	3rd
54.18		Fum McGraw Quadrangular (3/31)	3rd
54.79		Mt. SAC Relays (4/20)	33rd

BLAKE BERENS

100 Meters (11.01 pr)

200 Meters (21.62 pr)

21.62		Jack Christiansen Invite (4/28)	2nd
21.63		Colorado Invitational (4/14)	5th
21.86		Potts Invite (3/17)	2nd
21.90		Fum McGraw Quadrangular (3/31)	5th
21.93	p	Pac-12 Championships (5/12-13)	19th

400 Meters (48.61 pr)

48.61		Jack Christiansen Invite (4/28)	4th
48.72		Colorado Invitational (4/14)	5th
49.18		Potts Invite (3/17)	6th
49.20		APU Bryan Clay Invite (4/20)	t16th
49.48	p	Pac-12 Championships (5/12-13)	14th
50.16		Fum McGraw Quadrangular (3/31)	9th
50.27		CSU Pueblo Open (3/24)	12th

MATT BIEGNER

400 Meters

50.57		Colorado Invitational (4/14)	16th
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800 Meters (1:50.60 pr)

1:50.60		Mt. SAC Relays (4/20)	29th
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1500 Meters (3:46.45 pr)

3:46.45		Stanford Invitational (4/6)	1st (Section 4)
3:47.59	p	Pac-12 Championships (5/12-13)	10th
3:48.31		Payton Jordan Cardinal Invite (4/29)	8th (section 6)
3:49.64		Pac-12 Championships (5/12-13)	9th

GARRETT CARMICHAEL

800 Meters

1:58.89		Colorado Invitational (4/14)	20th
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1,500 Meters

3:56.62		APU Bryan Clay Invite (4/20)	35th
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NIKLAS CEDERSTROM

Shot Put (44-05.50 pr)

Discus (146-10 pr)

Hammer Throw (164-09 pr)

164-09/50.22		Potts Invite (3/17)	7th
162-06/49.54		Colorado Invitational (4/14)	10th
161-02/49.13		Pac-12 Championships (5/12-13)	13th
160-01/48.79		Jack Christiansen Invite (4/28)	15th
157-11/48.14		Fum McGraw Quadrangular (3/31)	12th
157-07/48.03		Air Force Relays (4/7)	9th
147-08/45.00		Beach Invite (4/21)	31st

CAMERON CLAYTON

1500 Meters

4:07.50		Jack Christiansen Invite (4/28)	11th
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Steeplechase (9:17.10 pr)

9:17.10		APU Bryan Clay Invite (4/20)	6th
9:45.96		Pac-12 Championships (5/12-13)	20th
9:54.05		Colorado Invitational (4/14)	3rd
10:04.80		Potts Invite (3/17)	4th

JASON DEWITT

Decathlon (6,671pr)

6,671		Jim Click Shootout (3/29-30)	7th
6,588		Pac-12 Championships (5/5-6)	13th

100 Meters (11.44 pr)

11.44		Colorado Invitational (4/14)	21st
11.58		Pac-12 Championships (5/5)	15th
11.62		Jim Click Shootout (3/29)	14th

Long Jump (20-10.75 pr)

20-10.75/6.37		Pac-12 Championships (5/5)	11th
20-04.50/6.21		Jim Click Shootout (3/29)	12th

Shot Put (40-09.75 pr)

40-09.75/12.44		Pac-12 Championships (5/5)	14th
39-11.25/12.17		Jim Click Shootout (3/29)	8th
38-06.75/11.75		Potts Invite (3/17)	13th

High Jump (6-8 pr)

6-08.00/2.03		Pac-12 Championships (5/5)	t2nd
6-07.50/2.02		Jim Click Shootout (3/29)	1st
6-07.00/2.01		Pac-12 Championships (5/12-13)	18th
6-06.75/2.00		APU Bryan Clay Invite (4/20)	t10th
6-06.25/1.99		Colorado Invitational (4/14)	4th

400 Meters (52.29 pr)

52.29		Jim Click Shootout (3/29)	14th
53.87		Pac-12 Championships (5/5)	15th

110 Meter Hurdles (15.23 pr)

15.48		Pac-12 Championships (5/6)	7th
15.52		Jim Click Shootout (3/29)	7th

Discus (115-04 pr)

115-04/35.16		Potts Invite (3/17)	15th
112-05/34.27		Jim Click Shootout (3/29)	10th
107-01/32.65		Pac-12 Championships (5/6)	13th

Pole Vault (14-05.25 pr)

14-05.25/4.40		Jim Click Shootout (3/29)	4th
13-09.75/4.21		Jack Christiansen Invite (4/28)	18th
13-09.25/4.20		Pac-12 Championships (5/5-6)	t13th

Javelin (161-03 pr)

161-03/49.14		Colorado Invitational (4/14)	2nd
152-05/46.46		Potts Invite (3/17)	1st
148-02/45.16		Jim Click Shootout (3/29)	11th
146-06/44.65		Pac-12 Championships (5/6)	10th

1500 Meters (4:56.01 pr)

4:56.01		Pac-12 Championships (5/6)	16th
4:57.36		Jim Click Shootout (3/29)	6th

Triple Jump (45-01 pr)

HUGH DOWDY

800 Meters

1:58.99		Fum McGraw Quadrangular (3/31)	5th
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Steeplechase (8:56.19 pr)

8:56.19		Pac-12 Championships (5/12-13)	4th
8:57.62		Mt. SAC Relays (4/19)	2nd (Section C)
9:41.80		Potts Invite (3/17)	1st

1500 Meter Run (3:47.89 pr)

3:47.89		Payton Jordan Cardinal Invite (4/29)	3rd (section 6)
3:50.76		Stanford Invitational (4/7)	5th (Section 6)

CAMERON HUTCHINS

Discus (131-00 pr)

Hammer Throw (189-03 pr)

189-03/57.68		Potts Invite (3/17)	6th
176-07/53.83		Jack Christiansen Invite (4/28)	6th
172-05/52.56		Fum McGraw Quadrangular (3/31)	9th
169-10/51.78		Beach Invite (4/21)	18th
169-10/51.77		Colorado Invitational (4/14)	7th
169-00/51.51		Pac-12 Championships (5/12-13)	11th
161-00/49.08		Air Force Relays (4/7)	8th

Javelin (140-01 pr)

140-01/42.70		Colorado Invitational (4/14)	7th
137-02/41.81		Fum McGraw Quadrangular (3/31)	5th
121-10/37.14		Potts Invite (3/17)	7th
114-06/34.89		Air Force Relays (4/7)	9th

2012 MEN'S OUTDOOR PERFORMANCE LIST

MARK JONES

High Jump (6-11.00 pr)

6-11.00/2.11	Jack Christiansen Invite (4/28)	1st
6-11.00/2.11	Colorado Invitational (4/14)	1st
6-09.00/2.06	Pac-12 Championships (5/12-13)	12th
6-09.00/2.06	Beach Invite (4/21)	4th
6-09.00/2.06	Mt. SAC Relays (4/20)	10th
6-09.00/2.06	Fum McGraw Quadrangular (3/31)	1st
6-09.00/2.06	Potts Invite (3/17)	t-1st

STEVE KASICA

400 Meters (51.05 pr)

49.92	Colorado Invitational (4/14)	13th
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800 Meters (1:49.92 pr)

1:53.43	Mt. SAC Relays (4/20)	67th
1:55.35	Fum McGraw Quadrangular (3/31)	2nd
1:58.25	Jack Christiansen Invite (4/28)	5th

1500 Meters (4:05.01 pr)

ALEX KIZIRIAN

Shot Put (50-09.25 pr)

50-09.25/15.47	Air Force Relays (4/7)	3rd
50-00.50/15.25	Fum McGraw Quadrangular (3/31)	4th
49-07.75/15.13	Jack Christiansen Invite (4/28)	9th
48-10/14.88	Beach Invite (4/21)	24th
48-03.25/14.71	Colorado Invitational (4/14)	6th

Discus (159-02 pr)

159-02/48.52	Colorado Invitational (4/14)	6th
157-00/47.85	Jack Christiansen Invite (4/28)	8th
149-08/45.63	Pac-12 Championships (5/12-13)	12th
149-01/45.45	Air Force Relays (4/7)	8th
148-03/45.19	Fum McGraw Quadrangular (3/31)	12th
140-08/42.89	Beach Invite (4/21)	50th
132-02/40.28	Potts Invite (3/17)	13th

Hammer Throw (196-11 pr)

196-11/60.03	Air Force Relays (4/7)	1st
191-03/58.30	Pac-12 Championships (5/12-13)	6th
189-03/57.68	Potts Invite (3/17)	1st
187-08/57.20	Beach Invite (4/21)	6th
187-02/57.04	Colorado Invitational (4/14)	2nd
168-01/51.24	Jack Christiansen Invite (4/28)	14th
158-03/48.23	Fum McGraw Quadrangular (3/31)	11th

KYLE MacINTOSH

200 Meters (21.74 pr)

400 Meters (48.06 pr)

400 Meter Hurdles (52.20 pr)

52.20	Mt. SAC Relays (4/20)	8th
52.34	Jack Christiansen Invite (4/28)	1st
52.38	Pac-12 Championships (5/12-13)	6th
52.43	CSU Pueblo Open (3/24)	1st
52.60	p Pac-12 Championships (5/12-13)	7th
52.63	Colorado Invitational (4/14)	1st
52.81	Potts Invite (3/17)	1st
53.17	Fum McGraw Quadrangular (3/31)	2nd

MARTIN MEDINA

1500 Meters (4:01.71 pr)

4:01.71	Fum McGraw Quadrangular (3/31)	9th
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5000 Meters (14:14.51 pr)

14:14.51	Mt. SAC Relays (4/20)	5th (Section C)
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10000 Meters (29:21.57 pr)

29:21.57	Stanford Invitational (4/6)	11th (Section 2)
30:12.72	Pac-12 Championships (5/12-13)	8th

JOE MORRIS

100 Meters (10.32 pr)

10.40	p Pac-12 Championships (5/12-13)	6th
10.42	Sun Angel Classic (4/7)	8th
10.42	Colorado Invitational (4/14)	2nd
10.47	Pac-12 Championships (5/12-13)	8th

200 Meters (20.90 pr)

20.77	Jack Christiansen Invite (4/28)	1st
20.77	Beach Invite (4/21)	1st
20.91	Mt. SAC Relays (4/20)	6th
20.92	Pac-12 Championships (5/12-13)	6th
20.94	p Pac-12 Championships (5/12-13)	6th
20.97	Colorado Invitational (4/14)	4th
21.26	Sun Angel Classic (4/7)	7th

400 Meters

47.17	Jack Christiansen Invite (4/28)	1st
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JEROME PERKINS

1,500 Meters (4:08.06 pr)

4:08.06	Colorado Invitational (4/14)	18th
4:10.88	Fum McGraw Quadrangular (3/31)	14th

5,000 Meters

15:02.23	APU Bryan Clay Invite (4/20)	10th
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BLAKE REIMER

200 Meters (21.74 pr)

21.99	Fum McGraw Quadrangular (3/31)	7th
22.00	Colorado Invitational (4/14)	8th
22.01	Potts Invite (3/17)	4th
22.12	Jack Christiansen Invite (4/28)	4th

400 Meters (47.83 pr)

48.49	Mt. SAC Relays (4/20)	34th
48.52	Jack Christiansen Invite (4/28)	3rd
48.54	p Pac-12 Championships (5/12-13)	13th
48.75	Potts Invite (3/17)	4th
49.25	Fum McGraw Quadrangular (3/31)	4th
49.35	Colorado Invitational (4/14)	8th
50.52	CSU Pueblo Open (3/24)	13th

BRADY RUTT

Shot Put (46-10.25 pr)

46-10.25/14.28	Fum McGraw Quadrangular (3/31)	8th
46-09.00/14.25	Potts Invite (3/17)	8th

Discus Throw (168-04)

168-04/51.31	Pac-12 Championships (5/12-13)	5th
168-00/51.20	Jack Christiansen Invite (4/28)	3rd
167-11/51.18	Colorado Invitational (4/14)	3rd
167-01/50.93	Fum McGraw Quadrangular (3/31)	6th
162-02/49.43	Air Force Relays (4/7)	3rd
157-00/47.85	Potts Invite (3/17)	4th

Hammer Throw (156-07 pr)

156-07/47.72	Potts Invite (3/17)	9th
152-09/46.57	Jack Christiansen Invite (4/28)	19th
152-05/46.45	Air Force Relays (4/7)	12th
151-06/46.17	Fum McGraw Quadrangular (3/31)	13th
147-06/44.97	Beach Invite (4/21)	32nd
145-06/44.36	Colorado Invitational (4/14)	19th

2012 MEN'S OUTDOOR PERFORMANCE LIST

ADAM SALZMANN

Decathlon (7,214 pr)		
7,214	Pac-12 Championships (5/5-6)	3rd
100 Meters (10.98 pr)		
11.09	Colorado Invitational (4/14)	8th
11.13	Pac-12 Championships (5/5)	2nd
11.18	Jim Click Shootout (3/29)	5th
11.26	Jack Christiansen Invite (4/28)	8th
Long Jump (21-05.25 pr)		
21-00.50/6.41	Beach Invite (4/21)	46th
20-07.00/6.27	Jim Click Shootout (3/29)	11th
20-06.25/6.25	Pac-12 Championships (5/5)	13th
Shot Put (40-06.00 pr)		
40-06.00/12.34	Jim Click Shootout (3/29)	5th
37-02.50/11.34	Pac-12 Championships (5/5)	13th
High Jump (6-02.75 pr)		
6-02.25/1.89	Colorado Invitational (4/14)	8th
6-01.50/1.87	Jim Click Shootout (3/29)	11th
6-00.75/1.85	Pac-12 Championships (5/5)	t10th
400 Meters (48.57 pr)		
48.57	Jim Click Shootout (3/29)	1st
48.59	Pac-12 Championships (5/5)	1st
110 Meter Hurdles (14.79 pr)		
14.79	p Pac-12 Championships (5/12-13)	12th
14.82	Pac-12 Championships (5/6)	2nd
14.97	Potts Invite (3/17)	4th
15.96	Jim Click Shootout (3/29)	11th
Discus (122-08 pr)		
122-08/37.40	Pac-12 Championships (5/6)	t5th
112-03/34.21	Jim Click Shootout (3/29)	11th
Pole Vault (15-05 pr)		
15-05.00/4.70	Pac-12 Championships (5/6)	5th
14-09.50/4.51	Jack Christiansen Invite (4/28)	6th
Javelin (159-04 pr)		
159-04/48.58	Colorado Invitational (4/14)	3rd
150-02/45.77	Pac-12 Championships (5/6)	9th
144-04/44.00	Potts Invite (3/17)	3rd
1,500 Meters (4:22.22 pr)		
4:22.22	Pac-12 Championships (5/6)	2nd
400 Meter Hurdles (52.08 pr)		
52.08	p Pac-12 Championships (5/12-13)	5th
52.48	Pac-12 Championships (5/12-13)	7th
52.99	Mt. SAC Relays (4/20)	16th
53.67	Potts Invite (3/17)	3rd

RYAN SAVERCOOL

1,500 Meters (4:08.91 pr)		
3,000 Meters (8:58.80 pr)		
8:58.80	Colorado Invitational (4/14)	6th
5,000 Meters (15:10.43 pr)		
10,000 Meters		
31:59.64	Mt. SAC Relays (4/19)	24th (Section B)

DILLON SHIJE

1,500 Meters		
4:10.23	Colorado Invitational (4/14)	19th
3000 Meters (8:46.24 pr)		
8:46.24	Potts Invite (3/17)	2nd
5000 Meters (14:41.77 pr)		
14:41.77	APU Bryan Clay Invite (4/20)	2nd

JONNY STEVENS

1500 Meters (3:56.54 pr)		
3:56.54	Colorado Invitational (4/14)	2nd
Steeplechase (9:07.86 pr)		
9:07.86	Mt. SAC Relays (4/19)	10th (Section B)
9:36.91	Fum McGraw Quadrangular (3/31)	1st
9:42.42	Potts Invite (3/17)	2nd

EDDIE TAYLOR

Decathlon (6,407 points)		
6,407	Pac-12 Championships (5/5-6)	14th
6,200	Jim Click Shootout (3/29-30)	12th
100 Meters (11.21 pr)		
11.27	Colorado Invitational (4/14)	16th
11.33	Pac-12 Championships (5/5)	6th
11.44	Jim Click Shootout (3/29)	10th
11.47	Potts Invite (3/17)	8th
11.61	Jack Christiansen Invite (4/28)	11th
Long Jump (20-03 pr)		
19-01.25/5.82	Jim Click Shootout (3/29)	15th
18-07.00/5.66	Pac-12 Championships (5/5)	18th
Shot Put (39-05 pr)		
38-07.75/11.78	Jim Click Shootout (3/29)	12th
38-07.75/11.77	Pac-12 Championships (5/5)	10th
High Jump (6-01.50 pr)		
6-01.50/1.87	Jim Click Shootout (3/29)	11th
6-00.75/1.85	Pac-12 Championships (5/5)	t10th
6-00.50/1.84	Colorado Invitational (4/14)	12th
400 Meters (50.67 pr)		
51.53	Jim Click Shootout (3/29)	9th
52.05	Pac-12 Championships (5/5-6)	12th
110 Meter Hurdles (16.24 pr)		
16.37	Jim Click Shootout (3/29)	14th
16.38	Pac-12 Championships (5/6)	16th
Discus (126-00 pr)		
117-09/35.89	Pac-12 Championships (5/5-6)	9th
108-00/32.92	Jim Click Shootout (3/29)	12th
Pole Vault (14-09 pr)		
14-09/4.50	Pac-12 Championships (5/6)	t6th
13-09.75/4.21	Jack Christiansen Invite (4/28)	t8th
13-05.25/4.10	Jim Click Shootout (3/29)	t9th
Javelin (120-08 pr)		
120-06/36.73	Pac-12 Championships (5/6)	10th
120-08/36.78	Jim Click Shootout (3/29)	14th
114-00/34.75	Potts Invite (3/17)	9th
109-02/33.27	Colorado Invitational (4/14)	9th
1500 Meters (4:30.47 pr)		
4:38.36	Pac-12 Championships (5/6)	9th
4:51.98	Jim Click Shootout (3/29)	3rd
400 Meter Hurdles (57.00 pr)		

BLAKE THEROUX

Steeplechase (9:06.76 pr)		
9:06.76	APU Bryan Clay Invite (4/20)	2nd
9:12.59	Pac-12 Championships (5/12-13)	13th
9:44.01	Potts Invite (3/17)	3rd
1,500 Meters (3:45.33 pr)		
3:45.33	Payton Jordan Cardinal Invite (4/29)	3rd (section 6)
3:55.66	Colorado Invitational (4/14)	1st
5000 Meters (14:55.21 pr)		
14:55.21	Pac-12 Championships (5/12-13)	21st

CHRISTIAN THOMPSON

1500 Meters (3:53.45 pr)		
3:53.45	APU Bryan Clay Invite (4/20)	21st
Steeplechase (8:49.38 pr)		
5,000 Meters (13:59.23 pr)		
13:59.23	Payton Jordan Cardinal Invite (4/29)	1st (section 3)
10,000 Meters (29:13.59 pr)		
29:13.59	Stanford Invitational (4/6)	4th (Section 2)
29:46.76	Pac-12 Championships (5/12-13)	3rd

JAKE TIMMONS

High Jump (6-07 pr)		
6-05.00/1.96	Fum McGraw Quadrangular (3/31)	t2nd
6-03.25/1.91	Potts Invite (3/17)	6th

2012 MEN'S OUTDOOR PERFORMANCE LIST

ARIC VAN HALEN

1500 Meters (3:48.74 pr)

3:48.74 Payton Jordan Cardinal Invite (4/29)... 9th (section 6)

3:52.11 Fum McGraw Quadrangular (3/31) 2nd

Steeplechase (8:42.79 pr)

8:42.79 Mt. SAC Relays (4/19) ... 3rd (Olympic Development)

8:50.09 Pac-12 Championships (5/12-13) 2nd

5,000 Meters (14:01.91 pr)

14:01.91 Stanford Invitational (4/6) 13th

14:30.91 Pac-12 Championships (5/12-13) 16th

ANDY WACKER

1500 Meters (3:48.40 pr)

3:48.40 Mt. SAC Relays (4/19) 20th (Open Section)

5000 Meters (13:41.49 pr)

14:16.48 Pac-12 Championships (5/12-13) 9th

10000 Meters (29:10.89 pr)

29:19.95 Stanford Invitational (4/6) 25th (Section 1)

GARRETT WARD

1,500 Meters (4:05.04 pr)

4:05.04 Colorado Invitational (4/14) 12th

3000 Meters (8:50.97 pr)

8:50.97 Potts Invite (3/17) 3rd

5000 Meters (15:20.20 pr)

15:24.34 APU Bryan Clay Invite (4/20) 19th

JEFF WARREN

1,500 Meters

4:08.10 Fum McGraw (3/31) 12th

2012 WOMEN'S OUTDOOR PERFORMANCE LIST

SEASON RESULTS

M 16-17	POTTS INVITATIONAL (Boulder).....	NTS
M 29-30	at Jim Click Shootout (Tucson, Ariz.)	NTS
M 31	at Fum McGraw Quadrangular (Fort Collins, Colo.).....	3rd/3
A 7	at Air Force Relays (USAFA, Colo.)	NTS
A 6-7	at Stanford Invitational (Stanford, Calif.)	NTS
A 13-14	COLORADO INVITATIONAL (Boulder).....	NTS
A 19-21	at Mt. SAC Relays (Walnut, Calif.)	NTS
A 27-28	at Jack Christiansen Invitational (Fort Collins, Colo.).....	4th/9
A 29	at Payton Jordan Cardinal Invitational (Stanford, Calif.).....	NTS
M 4	at Front Range Classic (USAFA, Colo.)	NTS
M 5-13	at Pac-12 Championships (Eugene, Ore.)	7th/12
M 25-26	at NCAA West Preliminaries (Austin, Texas).....	
J 6-9	at NCAA Championships (Des Moines, Iowa).....	
J 22 - J 1	at USATF Olympic Trials (Eugene, Ore.)	

3,000 M Steeplechase (9:12.50 cu)

9:43.09	Shalaya Kipp	Payton Jordan Cardinal Invite (4/29)
9:57.39	Shalaya Kipp	Pac-12 Championships (5/12-13)
10:30.06	Courtney Bouchet	Pac-12 Championships (5/12-13)
10:41.04	Diana George	Pac-12 Championships (5/12-13)
10:42.32	Courtney Bouchet	Mt. SAC Relays (4/19)
10:42.79	Diana George	Mt. SAC Relays (4/19)
11:04.79	Courtney Bouchet	Jack Christiansen Invite (4/29)
11:08.99	Diana George	Fum McGraw Quadrangular (3/31)

4x100 Meter Relay (44.95 cu)

46.62	Mattson/Sweeney/Gehring/Beeme	Jack Christiansen Invite (4/28)
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4x400 Meter Relay (3:33.07 cu)

3:40.30	Mattson/Gehring/Beemer/Sweeney	Pac-12 Championships (5/12-13)
3:40.40	Mattson/Gehring/Beemer/Sweeney	Mr. SAC Relays (4/20)
3:45.11	Mattson/Gehring/Hubbard/Sweeney	Potts Invite (3/17)
4:07.70	Mattson/Sweeney/Gehring/Hubbard	Colorado Invitational (4/14)

Long Jump (20-08 cu)

19-07.00/5.97	Brittany Lewis	Beach Invite (4/21)
18-10.75/5.76	Brittany Lewis	Pac-12 Championships (5/12-13)
18-08.50/5.70	Brittany Lewis	APU Bryan Clay Invite (4/20)
18-08.00/5.69	Brittany Lewis	Glenn Morris Combined Events (4/27)
18-07.25/5.67	Genny Mayden	Pac-12 Championships (5/12-13)
18-04.50/5.60	Genny Mayden	Pac-12 Championships (5/5-6)
18-04.50/5.60	Genny Mayden	Jim Click Shootout (3/30)
18-03.00/5.56	Brittany Lewis	Jim Click Shootout (3/30)

Triple Jump (40-11.5 cu)

5-10.00/1.78	Kelsey English	Fum McGraw Quadrangular (3/31)
5-08.50/1.74	Alyssa Frank	Pac-12 Championships (5/12-13)
5-07.25/1.71	Alyssa Frank	Pac-12 Championships (5/5-6)
5-07.00/1.70	Katie Dreher	Colorado Invitational (4/14)
5-07.00/1.70	Alyssa Frank	Colorado Invitational (4/14)
5-07.00/1.70	Alyssa Frank	APU Bryan Clay Invite (4/20)
5-06.50/1.69	Alyssa Frank	Jack Christiansen Invite (4/29)
5-06.50/1.69	Alyssa Frank	Jim Click Shootout (3/29)
5-06.50/1.69	Genny Mayden	Jim Click Shootout (3/29)

Shot Put (54-6 cu)

38-07.00/11.76	Genny Mayden	Jim Click Shootout (3/29)
38-06.75/11.75	Genny Mayden	Pac-12 Championships (5/5-6)
38-01.25/11.61	Margaux Krahe	Fum McGraw Quadrangular (3/31)
37-11.50/11.57	Holly O'neal	Jim Click Shootout (3/29)
37-10.00/11.53	Margaux Krahe	Potts Invite (3/17)
37-02.25/11.33	Margaux Krahe	Air Force Relays (4/7)
36-02.75/11.04	Kajsa Bank	Jack Christiansen Invite (4/29)
36-02.75/11.04	Alyssa Frank	Pac-12 Championships (5/5-6)

Hammer Throw (196-10 cu)

157-02/47.90	Kellie Lind	Potts Invite (3/17)
155-11/47.52	Kellie Lind	Jack Christiansen Invite (4/29)
155-10/47.50	Kellie Lind	Fum McGraw Quadrangular (3/31)
151-10/46.29	Kellie Lind	Colorado Invitational (4/14)
149-00/45.42	Kirsten Wicks	Potts Invite (3/17)
149-00/45.41	Kellie Lind	Beach Invite (4/21)
144-04/44.61	Kirsten Wicks	Colorado Invitational (4/14)
146-03/43.96	Kellie Lind	Air Force Relays (4/7)

Javelin (169-5 cu)

140-03/42.76	Genny Mayden	Pac-12 Championships (5/5-6)
128-01/39.04	Genny Mayden	Colorado Invitational (4/14)
127-01/38.75	Genny Mayden	Jim Click Shootout (3/30)
119-11/36.55	Genny Mayden	Pac-12 Championships (5/12-13)
117-08/35.88	Genny Mayden	Potts Invite (3/17)
113-11/34.73	Brittany Lewis	Potts Invite (3/17)
113-02/34.49	Brianne Beemer	Pac-12 Championships (5/5-6)
112-00/34.14	Brianne Beemer	Potts Invite (3/17)
110-04/33.64	Gwen Ricco	Potts Invite (3/17)

Discus Throw (181-7 cu)

5.362	Genny Mayden	Pac-12 Championships (5/5-6)
5.339	Brianne Geemer	Pac-12 Championships (5/5-6)
5.171	Genny Mayden	Jim Click Shootout (3/29-30)
5.158	Brianne Beemer	Jim Click Shootout (3/29-30)
4.983	Katie Dreher	Jim Click Shootout (3/29-30)
4.977	Brittany Lewis	Glenn Morris Combined Events (4/26-27)
4.925	Alyssa Frank	Pac-12 Championships (5/5-6)
4.919	Brittany Lewis	Jim Click Shootout (3/29-30)

Heptathlon (5,863 cu)

5.362	Genny Mayden	Pac-12 Championships (5/5-6)
5.339	Brianne Geemer	Pac-12 Championships (5/5-6)
5.171	Genny Mayden	Jim Click Shootout (3/29-30)
5.158	Brianne Beemer	Jim Click Shootout (3/29-30)
4.983	Katie Dreher	Jim Click Shootout (3/29-30)
4.977	Brittany Lewis	Glenn Morris Combined Events (4/26-27)
4.925	Alyssa Frank	Pac-12 Championships (5/5-6)
4.919	Brittany Lewis	Jim Click Shootout (3/29-30)

Symbol Key

na	ncaa automatic qualifying time/mark
np	ncaa provisional qualifying time/mark
rq	regional qualifying time/mark
rqa	regional qualifying time/mark with altitude conversion
p	preliminary mark
pr	personal record
w	wind-aided mark
sr	school record
hep	mark earned during heptathlon competition
*	not an NCAA event

100 Meters (11.65 cu)

12.17	Eileen Gehring	Potts Invite (3/17)
12.60	Genny Mayden	APU Bryan Clay Invite (4/20)

200 Meters (23.86 cu)

24.21	Eileen Gehring	Jack Christiansen Invite (4/29)
24.24	Eileen Gehring	Sun Angel Classic (4/7)
24.25	Eileen Gehring	Beach Invite (4/21)
24.29	Eileen Gehring	Fum McGraw Quadrangular (3/31)
24.40	Eileen Gehring	Potts Invite (3/17)
24.90	Lindsay Mattson	Beach Invite (4/21)
25.06	Bridget Sweeney	Colorado Invitational (4/14)
25.09	Lindsay Mattson	Colorado Invitational (4/14)

400 Meters (54.21 cu)

54.21	Eileen Gehring	Mt. SAC Relays (4/20)
54.41	Eileen Gehring	Sun Angel Classic (4/7)
55.2h	Eileen Gehring	CSU Pueblo Open (3/24)
55.28	Eileen Gehring	Fum McGraw Quadrangular (3/31)
55.37	Eileen Gehring	Pac-12 Championships (5/12-13)
55.47	Bridget Sweeney	Colorado Invitational (4/14)
55.6h	Bridget Sweeney	CSU Pueblo Open (3/24)
55.67	Lindsay Mattson	Jack Christiansen Invite (4/29)

800 Meter Run (2:02.54 cu)

2:07.94	Liz Tremblay	Mt. SAC Relays (4/20)
2:08.03	Liz Tremblay	Payton Jordan Cardinal Invite (4/29)
2:08.33	Liz Tremblay	Stanford Invite (4/7)
2:09.24	Brianne Beemer	Pac-12 Championships (5/5-6)
2:12.36	Brianne Beemer	Jim Click Shootout (3/30)
2:12.99	Katie Cumming	Colorado Invitational (4/14)
2:15.67	Liz Tremblay	Pac-12 Championships (5/12-13)
2:18.99	Catrina McAlister	Colorado Invitational (4/14)

1,500 Meter Run (3:59.90 cu)

4:15.06	Jessica Tebo	Pac-12 Championships (5/12-13)
4:15.15	Jessica Tebo	Mt. SAC Relays (4/20)
4:21.55	Camille Logan	Payton Jordan Cardinal Invite (4/29)
4:21.25	Jessica Tebo	Pac-12 Championships (5/12-13)
4:25.61	Katie Cumming	Pac-12 Championships (5/12-13)
4:25.72	Katie Cumming	Payton Jordan Cardinal Invite (4/29)
4:26.09	Katie Cumming	Mt. SAC Relays (4/19)
4:27.35	Shalaya Kipp	Colorado Invitational (4/14)

3,000 Meters* (8:54.22 cu)

9:54.77	Camille Logan	Potts Invite (3/17)
11:59.66	Becky Popiel	Colorado Invitational (4/14)

5,000 Meters (15:05.25 cu)

15:19.43	Jessica Tebo	Payton Jordan Cardinal Invite (4/29)
16:00.50	Shalaya Kipp	Mt. SAC Relays (4/20)
16:03.70	Jessica Tebo	Pac-12 Championships (5/12-13)
16:14.24	Camille Logan	Mt. SAC Relays (4/20)
16:23.32	Shalaya Kipp	Pac-12 Championships (5/12-13)
16:38.54	Jana Stolting	Mt. SAC Relays (4/20)
16:51.84	Katie Cumming	Pac-12 Championships (5/12-13)
16:56.05	Rachel Viger	Mt. SAC Relays (4/20)

10,000 Meters (32:50.80 cu)

34:03.16	Jana Stolting	Stanford Invitational (4/6)
34:20.66	Camille Logan	Stanford Invitational (4/6)
35:06.26	Rachel Viger	Stanford Invitational (4/6)
35:16.35	Jana Stolting	Pac-12 Championships (5/12-13)
35:46.80	Camille Logan	Pac-12 Championships (5/12-13)
36:24.08	Rachel Viger	Pac-12 Championships (5/12-13)

100 Meter Hurdles (12.98)

14.38	hep	Brianne Beemer	Pac-12 Championships (5/5-6)
14.38	hep	Brianne Beemer	Jack Christiansen Invite (4/29)
14.42	hep	Brianne Beemer	Jim Click Shootout (3/29)
14.42	hep	Brianne Beemer	Potts Invite (3/17)
14.49	hep	Brianne Beemer	Colorado Invitational (4/14)
14.97	hep	Genny Mayden	Jack Christiansen Invite (4/29)
15.10	hep	Genny Mayden	Pac-12 Championships (5/5-6)
15.10	hep	Alyssa Frank	Pac-12 Championships (5/5-6)
15.10	hep	Brittany Lewis	Jim Click Shootout (3/29)

400 Meter Hurdles (57.77 cu)

59.09	p	Brianne Beemer	Pac-12 Championships (5/12-13)
1:00.09	p	Brianne Beemer	Mt. SAC Relays (4/20)
1:00.12	p	Brianne Beemer	Potts Invite (3/17)
1:03.26	p	Brittany Lewis	APU Bryan Clay Invite (4/20)
1:03.45	p	Lindsey Hubbard	Fum McGraw Quadrangular (3/31)
1:03.61	p	Brittany Lewis	Colorado Invitational (4/14)
1:03.96	p	Brittany Lewis	Pac-12 Championships (5/12-13)
1:04.17	p	Brittany Lewis	Beach Invite (4/21)

2012 WOMEN'S OUTDOOR PERFORMANCE LIST

KAJSA BANK

Hammer Throw (135-07 pr)

135-07/41.32	Potts Invite (3/17).....	10th
134-10/41.09	Jack Christiansen Invite (4/28).....	17th
132-01/40.27	Air Force Relays (4/7).....	7th
130-11/39.91	Fum McGraw Quadrangular (3/31).....	11th
123-09/37.72	Colorado Invitational (4/14).....	16th

Javelin (89-07 pr)

Shot Put (36-02.75 pr)

36-02.75/11.04	Jack Christiansen Invite (4/28).....	21st
34-10.50/10.63	Air Force Relays (4/7).....	9th
34-00.25/10.37	Potts Invite (3/17).....	7th

BRIANNE BEEMER

Hepathalon (5339 pr)

5339	Pac-12 Championships (5/5-6).....	4th
5158	Jim Click Shootout (3/29).....	9th

100 Meter Hurdles (14.38 pr)

14.38	Pac-12 Championships (5/5).....	6th
14.38	Jack Christiansen Invite (4/28).....	3rd
14.42	Potts Invite (3/17).....	3rd
14.42	Jim Click Shootout (3/29).....	9th
14.49	Colorado Invitational (4/14).....	3rd

High Jump (5-05.25 pr)

5-05.25/1.66	Jim Click Shootout (3/29).....	t11th
5-05/1.65	Pac-12 Championships (5/5).....	16th
5-05/1.65	Beach Invite (4/21).....	18th

Shot Put (33-07.50 pr)

33-07.50/10.25	Pac-12 Championships (5/5).....	10th
31-02.00/9.50	Jim Click Shootout (3/29).....	19th

200 Meters (25.10 pr)

25.10	Colorado Invitational (4/14).....	3rd
25.15	Jim Click Shootout (3/29).....	12th
25.16	Pac-12 Championships (5/5).....	4th

Long Jump (17-11.75 pr)

17-11.75/5.48	Beach Invite (4/21).....	14th
17-07.50/5.37	Pac-12 Championships (5/6).....	12th
17-00.00/5.18	Jim Click Shootout (3/29).....	19th

Javelin (113-02 pr)

113-02/34.49	Pac-12 Championships (5/6).....	4th
112-00/34.14	Potts Invite (3/17).....	6th
106-05/32.45	Colorado Invitational (4/14).....	8th
106-05/32.43	Jim Click Shootout (3/29).....	11th

800 Meters (2:09.24 pr)

2:09.24	Pac-12 Championships (5/6).....	1st
2:12.36	Jim Click Shootout (3/29).....	3rd

400 Meter Hurdles (59.90 pr)

59.90	p/pr Pac-12 Championships (5/12-13).....	10th
1:00.09	Mt. SAC Relays (4/20).....	11th
1:00.12	Potts Invite (3/17).....	1st

COURTNEY BOUCHET

800 Meters (2:26.26 pr)

1,500 Meters (4:38.44 pr)

4:38.44	Colorado Invitational (4/14).....	4th
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Steeplechase (10:30.06 pr)

10:30.06	Pac-12 Championships (5/12-13).....	10th
10:42.32	Mt. SAC Relays (4/19).....	4th (Section C)
11:04.79	Jack Christiansen Invite (4/28).....	1st
11:14.01	Potts Invite (3/17).....	1st
11:19.11	Fum McGraw Quadrangular (3/31).....	2nd

KATIE CUMMING

800 Meters (2:12.99 pr)

2:12.99	Colorado Invitational (4/14).....	1st
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1500 Meters (4:20.93 pr)

4:25.61	p Pac-12 Championships (5/12-13).....	11th
4:25.72	Payton Jordan Cardinal Invite (4/29)...	8th (section 4)
4:26.09	Mt. SAC Relays (4/19).....	35th (Open Section)
4:31.41	Pac-12 Championships (5/12-13).....	11th

5000 Meters (16:10.85 pr)

16:51.84	Pac-12 Championships (5/12-13).....	13th
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KATIE DREHER

Heptathlon (4,983 pr)

4983	Jim Click Shootout (3/29).....	14th
4802	Pac-12 Championships (5/5-6).....	13th

100 Meter Hurdles (15.22 pr)

15.40	Pac-12 Championships (5/5).....	14th
15.91	Jim Click Shootout(3/29).....	24th

High Jump (5-07 pr)

5-07.00/1.70	Colorado Invitational (4/14).....	t1st
5-06/1.68	Pac-12 Championships (5/5-6).....	t4th
5-05.25/1.66	Jim Click Shootout (3/29).....	t11th
5-05.00/1.65	APU Bryan Clay Invite (4/20).....	t7th
5-04.50/1.64	Pac-12 Championships (5/12-13).....	t11th
5-03.00/1.60	Beach Invite (4/21).....	31st

Shot Put (34-08.25 pr)

34-08.25/10.57	Jim Click Shootout (3/29).....	12th
31-01.25/9.48	Pac-12 Championships (5/5).....	15th
30-08.50/9.36	Potts Invite (3/17).....	10th

200 Meters (25.50 pr)

25.71	Colorado Invitational (4/14).....	5th
25.77	Jim Click Shootout (3/29).....	16th
25.80	APU Bryan Clay Invite (4/20).....	43rd
25.81	Pac-12 Championships (5/5).....	9th

Long Jump (18-04.25 pr)

18-00.25/5.49	Jim Click Shootout (3/29).....	13th
17-02.00/5.23	Beach Invite (4/21).....	35th
16-07.75/5.07	Pac-12 Championships (5/6).....	15th

Javelin (109-11 pr)

109-03/33.30	Jim Click Shootout (3/29).....	8th
101-06/30.93	Potts Invite (3/17).....	9th
99-08/30.39	Pac-12 Championships (5/6).....	11th
96-03/29.35	Colorado Invitational (4/14).....	12th

800 Meters (2:18.23 pr)

2:19.34	Jim Click Shootout (3/29).....	6th
2:20.96	Pac-12 Championships (5/6).....	9th

Triple Jump (38-05 pr)

KELSEY ENGLISH

High Jump (5-10 pr)

5-10/1.78	Fum McGraw Quadrangular (3/31).....	1st
5-06/1.68	Jack Christiansen Invite (4/28).....	3rd
5-05/1.65	Potts Invite (3/17).....	t2nd
5-04.50/1.64	Pac-12 Championships (5/12-13).....	t11th

STACI FOSTER

800 Meters (2:17 pr)

2:20.67	Colorado Invitational (4/14).....	6th
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1500 Meters (4:27.88 pr)

4:33.99	Mt. SAC Relays (4/19).....	80th (Open Section)
4:39.93	Jack Christiansen Invite (4/28).....	2nd

2012 WOMEN'S OUTDOOR PERFORMANCE LIST

ALYSSA FRANK

Hepathalon (4,925 pr)	
4925	Pac-12 Championships (5/5-6) 10th
4844	Jim Click Shootout (3/29) 17th
100 Meter Hurdles (14.97 pr)	
14.97	Jack Christiansen Invite (4/28) 9th
15.10	Pac-12 Championships (5/5) 13th
15.21	Jim Click Shootout (3/29) 16th
15.3h	Potts Invite (3/17) 10th
High Jump (5-08.50 pr)	
5-08.50/1.74	Pac-12 Championships (5/12-13) 14th
5-07.25/1.71	Pac-12 Championships (5/5) 3rd
5-07.00/1.70	Colorado Invitational (4/14) 1st
5-07.00/1.70	APU Bryan Clay Invite (4/20) 14th
5-06.50/1.69	Jack Christiansen Invite (4/28) 1st
5-06.50/1.69	Jim Click Shootout (3/29) 16th
Shot Put (36-02.75 pr)	
36-02.75/11.04	Pac-12 Championships (5/5) 8th
34-09.75/10.61	Jim Click Shootout (3/29) 11th
200 Meters (26.78 pr)	
26.78	Jim Click Shootout (3/29) 21st
26.85	Pac-12 Championships (5/5) 15th
27.24	Potts Invite (3/17) 10th
27.29	APU Bryan Clay Invite (4/20) 66th
Long Jump (17-02.75 pr)	
17-02.75/5.25	Pac-12 Championships (5/6) 14th
17-01.50/5.22	Jim Click Shootout (3/29) 18th
Javelin (105-10 pr)	
105-10/32.26	Jim Click Shootout (3/29) 12th
102-09/31.32	Pac-12 Championships (5/6) 9th
99-01/30.21	Potts Invite (3/17) 10th
95-01/28.99	Colorado Invitational (4/14) 14th
800 Meters (2:23.41 pr)	
2:23.41	Pac-12 Championships (5/6) 9th
2:25.50	Jim Click Shootout (3/29) 15th

EILEEN GEHRING

100 Meters (12.11 pr)	
12.17	Potts Invite (3/17) 1st
200 Meters (24.21 pr)	
24.21	Jack Christiansen Invite (4/28) 1st
24.24	Sun Angel Classic (4/7) 5th
24.25	Beach Invite (4/21) 11th
24.29	Fum McGraw Quadrangular (3/31) 1st
24.40	Potts Invite (3/17) 1st
400 Meters (54.21 pr)	
54.21	sr Mt. SAC Relays (4/20) 10th
54.41	Sun Angel Classic (4/7) 2nd
55.28	Fum McGraw Quadrangular (3/31) 1st
55.2h	CSU Pueblo Open (3/24) 2nd
55.37	p Pac-12 Championships (5/12-13) 15th

DIANA GEORGE

1,500 Meters	
4:54.49	Colorado Invitational (4/14) 10th
Steeplechase (10:41.04 pr)	
10:41.04	Pac-12 Championships (5/12-13) 14th
10:42.79	Mt. SAC Relays (4/19) 5th (Section C)
11:08.99	Fum McGraw Quadrangular (3/31) 1st
12:02.55	Potts Invite (3/17) 2nd

LINDSEY HUBBARD

400 Meter Hurdles (1:03.45 pr)	
1:03.45	Fum McGraw Quadrangular(3/31) 3rd
1:04.19	Jack Christiansen Invite (4/28) 6th
1:04.72	Colorado Invitational (4/14) 4th
1:05.01	p Pac-12 Championships (5/12-13) 22nd
1:05.01	APU Bryan Clay Invite (4/20) 19th
1:05.21	CSU Pueblo Open (3/24) 4th
1:06.39	Potts Invite (3/17) 5th

SHALAYA KIPP

1,500 Meters (4:27.35 pr)	
4:27.35	Colorado Invitational (4/14) 1st
5,000 Meters (16:00.50 pr)	
16:00.50	Mt. SAC Relays (4/20) . 12th (Olympic Development)
16:23.32	Pac-12 Championships (5/12-13) 5th
Steeplechase (9:43.09 pr)	
9:43.09	Payton Jordan Cardinal Invite (4/29).... 1st (section1)
9:57.39	Pac-12 Championships (5/12-13) 1st

MARGAUX KRAHE

Shot Put (38-01.25 pr)	
38-01.25/11.61	Fum McGraw Quadrangular (3/31) 8th
37-10/11.53	Potts Invite (3/17) 6th
37-02.25/11.33	Air Force Relays (4/7) 6th
Javelin (103-05 pr)	
103-05/31.52	Fum McGraw Quadrangular (3/31) 4th
95-09/29.19	Air Force Relays (4/7) 12th
95-05/29.09	Colorado Invitational (4/14) 13th
85-04/26.00	Potts Invite (3/17) 14th

BRITTANY LEWIS

Heptathlon (4,919 pr)	
4919	Jim Click Shootout (3/29) 16th
100 Meter Hurdles (15.10 pr)	
15.10	Jim Click Shootout (3/29) 15th
15.2h	Potts Invite (3/17) 8th
15.24	Colorado Invitational (4/14) 16th
High Jump (5-02 pr)	
5-01.75/1.57	Jim Click Shootout (3/29) 22nd
Shot Put (33-05.75 pr)	
33-05.75/10.20	Jim Click Shootout (3/29) 15th
200 Meters (25.5 pr)	
25.76	Jim Click Shootout (3/29) 15th
Javelin (113-11 pr)	
113-11/34.73	Potts Invite (3/17) 5th
104-11/31.97	Jim Click Shootout (3/29) 13th
99-06/30.32	Colorado Invitational (4/14) 10th
Long Jump (19-07 pr)	
19-07.00/5.97	Beach Invite (4/21) 1st
18-10.75/5.76	Pac-12 Championships (5/12-13) 10th
18-08.50/5.70	APU Bryan Clay Invite (4/20) 3rd
18-03.00/5.56	Jim Click Shootout (3/29) 9th
800 Meters (2:21.90 pr)	
2:21.90	Jim Click Shootout (3/29) 12th
400 Meter Hurdles (1:03.26 pr)	
1:03.26	APU Bryan Clay Invite (4/20) 10th
1:03.61	Colorado Invitational (4/14) 2nd
1:03.96	p Pac-12 Championships (5/12-13) 20th
1:04.17	Beach Invite (4/21) 31st
1:04.25	Potts Invite (3/17) 3rd

KELLIE LIND

Hammer Throw (157-02 pr)	
157-02/47.90	Potts Invite (3/17) 8th
155-11/47.52	Jack Christiansen Invite (4/28) 10th
155-10/47.50	Fum McGraw Quadrangular (3/31) 8th
151-10/46.29	Colorado Invitational (4/14) 9th
149-00/45.41	Beach Invite (4/21) 25th
144-03/43.96	Air Force Relays (4/7) 6th
144-01/43.91	Pac-12 Championships (5/12-13) 15th

CAMILLE LOGAN

1,500 Meters (4:21.55 pr)	
4:21.55	Payton Jordan Cardinal Invite (4/29).. 2nd (section 2)
3,000 Meters (9:54.77 pr)	
9:54.77	Potts Invite (3/17) 1st
5,000 Meters (16:14.24 pr)	
16:14.24	Mt. SAC Relays (4/20) 12th (Section A)
10,000 Meters (34:16.11 pr)	
34:30.66	Stanford Invitational (4/6) 16th
35:46.80	Pac-12 Championships (5/12-13) 12th

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NIKKI LOOK

800 Meters (2:20.70 pr)		
2:20.70	Potts Invite (3/17)	3rd
2:21.65	Colorado Invitational (4/14)	8th
1500 Meters (4:38.82 pr)		
4:38.82	Mt. SAC Relays (4/19)	102nd (Open Section)
4:43.25	Fum McGraw Quadrangular (3/31)	4th
4:43.92	Jack Christiansen Invite (4/28)	4th

LINDSY MATTSON

200 Meters (24.90 pr)		
24.90	Beach Invite (4/21)	30th
25.09	Colorado Invitational (4/14)	2nd
25.47	Potts Invite (3/17)	3rd
400 Meters (55.18 pr)		
55.67	Jack Christiansen Invite (4/28)	2nd
55.7h	CSU Pueblo Open (3/24)	5th
56.58	p Pac-12 Championships (5/12-13)	21st
56.69	Colorado Invitational (4/14)	2nd
56.78	Beach Invite (4/21)	25th

GENNY MAYDEN

Heptathlon (5,362 pr)		
5362	Pac-12 Championships (5/5-6)	3rd
5171	Jim Click Shootout (3/29)	8th
100 Meter Hurdles (14.97 pr)		
14.97	Jack Christiansen Invite (4/28)	7th
15.06	Pac-12 Championships (5/5)	12th
15.24	Colorado Invitational (4/14)	16th
15.50	Jim Click Shootout (3/29)	18th
15.7h	Potts Invite (3/17)	11th

High Jump (5-06.50 pr)

5-06.50/1.69	Jim Click Shootout (3/29)	16th
5-05/1.65	Pac-12 Championships (5/5)	16th
5-04.50/1.64	Pac-12 Championships (5/12-13)	17th
5-04.50/1.63	Jack Christiansen Invite (4/28)	9th

Shot Put (38-07.00 pr)

38-07.00/11.76	Jim Click Shootout (3/29)	5th
38-06.75/10.25	Pac-12 Championships (5/5)	5th

200 Meters (25.42 pr)

25.42	Pac-12 Championships (5/5)	7th
25.45	Colorado Invitational (4/14)	4th
25.63	APU Bryan Clay Invite (4/20)	39th
25.70	Jim Click Shootout (3/29)	14th
25.93	Potts Invite (3/17)	6th

Long Jump (18-07.25 pr)

18-07.25/5.67	Pac-12 Championships (5/12-13)	12th
18-04.50/5.60	Pac-12 Championships (5/6)	17th
18-04.50/5.60	Jim Click Shootout (3/29)	7th
18-01.50/5.52	APU Bryan Clay Invite (4/20)	10th

Javelin (140-03 pr)

140-03/42.76	Pac-12 Championships (5/6)	3rd
128-01/39.04	Colorado Invitational (4/14)	4th
127-01/38.75	Jim Click Shootout (3/29)	4th
119-11/36.55	Pac-12 Championships (5/12-13)	16th
117-08/35.88	Potts Invite (3/17)	4th

800 Meters (2:22.50 pr)

2:22.50	Pac-12 Championships (5/6)	7th
2:28.60	Jim Click Shootout (3/29)	19th

100 Meters

12.60	APU Bryan Clay Invite (4/20)	32nd
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CATRINA McALISTER

800 Meters		
2:18.99	Colorado Invitational (4/14)	4th
1500 Meters		
4:30.31	Mt. SAC Relays (4/19)	80th (Open Section)
4:37.80	p Pac-12 Championships (5/12-13)	18th
4:48.04	Payton Jordan Cardinal Invite (4/29)	11th (section 6)
5000 Meters		
17:59.90	Pac-12 Championships (5/12-13)	25th

JESSICA McLAUGHLIN

Javelin (84-02 pr)		
84-02/25.66	Air Force Relays (4/7)	15th
79-00/24.08	Potts Invite (3/17)	15th
75-07/23.05	Fum McGraw Quadrangular (3/31)	11th
70-08/21.54	Colorado Invitational (4/14)	21st

HOLLY ODNEAL

Heptathlon (4699 pr)		
3672	Jim Click Shootout (3/29)	24th
100 Meter Hurdles (14.70 pr)		
15.17	Potts Invite (3/17)	7th
15.58	Jim Click Shootout (3/29)	20th
16.09	Jack Christiansen Invite (4/28)	13th

High Jump (5-05.25 pr)

5-04.50/1.64	Colorado Invitational (4/14)	6th
5-02.25/1.58	Jack Christiansen Invite (4/28)	110th

Shot Put (37-11.50 pr)

37-11.50/11.57	Jim Click Shootout (3/29)	6th
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200 Meters (27.32 pr)

27.32	Colorado Invitational (4/14)	14th
27.64	Potts Invite (3/17)	11th
27.73	Jim Click Shootout (3/29)	24th

Long Jump (17-02.00 pr)

15-07.50/4.76	Jim Click Shootout (3/29)	24th
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Javelin (113-03 pr)

101-04/30.90	Jim Click Shootout (3/29)	15th
96-03/29.33	Potts Invite (3/17)	11th
76-05/23.29	Colorado Invitational (4/14)	20th

800 Meters (2:34.30 pr)

2:35.07	Jim Click (3/29)	23rd
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BECKY POPIEL

1500 Meters (5:24.88 pr)		
5:24.88	Jack Christiansen Invite (4/28)	29th
5:30.53	Potts Invite (3/17)	7th

3000 Meters (11:59.66 pr)

11:59.66	Colorado Invitational (4/14)	9th
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GWEN RICCO

Heptathlon (4,954 pr)		
4493	Jim Click Shootout (3/29)	20th
100 Meter Hurdles (14.68 pr)		
15.41	Colorado Invitational (4/14)	8th
15.54	Jim Click Shootout (3/29)	19th

High Jump

4-10.25/1.48	Jim Click Shootout (3/29)	25th
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Shot Put

34-00.75/10.38	Jim Click Shootout (3/29)	14th
32-04.25/9.86	Potts Invite (3/17)	9th

200 Meters

26.45	Jim Click Shootout (3/29)	19th
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Long Jump (18-09.25 pr)

15-11.50/4.86	Jim Click Shootout (3/29)	23rd
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Javelin (110-04 pr)

110-04/33.64	Potts Invite (3/17)	7th
108-10/33.18	Jim Click Shootout (3/29)	9th
103-01/31.43	Colorado Invitational (4/14)	9th

800 Meters

2:25.48	Jim Click Shootout (3/29)	14th
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400 Meter Hurdles

1:06.00	Jack Christiansen Invite (4/28)	10th
1:06.78	Colorado Invitational (4/14)	6th

JANA STOLTING

5,000 Meters		
16:38.54	Mt. SAC Relays (4/20)	2nd (Section C)
10,000 Meters		
34:03.16	Stanford Invitational (4/6)	11th
35:16.35	Pac-12 Championships (5/12-13)	9th

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BRIDGET SWEENEY

200 Meters (25.06 pr)

25.06	Colorado Invitational (4/14).....	1st
25.28	Potts Invite (3/17).....	2nd
25.35	Fum McGraw Quadrangular (3/31).....	4th
25.55	Beach Invite (4/21).....	68th
25.61	Jack Christiansen Invite (4/28).....	9th

400 Meters (55.14 pr)

55.6h	CSU Pueblo Open (3/24).....	4th
56.02	p Pac-12 Championships (5/12-13).....	19th
56.47	Mt. SAC Relays (4/20).....	26th
56.47	Colorado Invitational (4/14).....	1st
56.50	Beach Invite (4/21).....	19th
56.86	Jack Christiansen Invite (4/28).....	4th
56.87	Fum McGraw Quadrangular (3/31).....	2nd

JESSICA TEBO

800 Meters (2:04 pr)

1500 Meters (4:11 pr)

4:15.06	Pac-12 Championships (5/12-13).....	3rd
4:15.15	Mt. SAC Relays (4/20).....	5th (Elite Section)
4:21.25	p Pac-12 Championships (5/12-13).....	2nd

5000 Meters (15:19.43 pr)

15:19.43	Payton Jordan Cardinal Invite (4/29)...	6th (section 1)
16:03.70	Pac-12 Championships (5/12-13).....	1st

LIZ TREMBLAY

200 Meters (25.1 pr)

26.99	Colorado Invitational (4/14).....	11th
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400 Meters (55.1 pr)

800 Meters (2:06.59 pr)

2:07.94	Mt. SAC Relays (4/20).....	23rd
2:08.03	Payton Jordan Cardinal Invite (4/29).....	21st
2:08.33	Stanford Invite (4/7).....	15th
2:15.67	p Pac-12 Championships (5/12-13).....	24th

RACHEL VIGER

1500 Meter (4:51.58 pr)

4:51.58	Fum McGraw Quadrangular (3/31).....	9th
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5,000 Meters

16:56.05	Mt. SAC Relays (4/20).....	21st (Section B)
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10,000 Meters

35:06.26	Stanford Invitational (4/6).....	32nd
36:24.08	Pac-12 Championships (5/12-13).....	15th

KIRSTEN WICKS

Shot Put (34-06.25 pr)

Javelin (103-05 pr)

102-02/31.14	Jack Christiansen Invite (4/28).....	8th
99-11/30.45	Air Force Relays (4/7).....	8th
95-08/29.15	Potts Invite (3/17).....	12th
92-01/28.07	Colorado Invitational (4/14).....	17th

Hammer Throw (149-00 pr)

149-00/45.42	Potts Invite (3/17).....	9th
146-04/44.61	Colorado Invitational (4/14).....	10th
141-02/43.03	Jack Christiansen Invite (4/28).....	14th
137-10/42.02	Beach Invite (4/21).....	31st
128-04/39.13	Air Force Relays (4/7).....	11th